



SITUATION UPDATE

GAZA

RECONSTRUCTION

EFFORTS LAGGING

at the start of 2022.

Gaza is still feeling the effects of

Israel's devastating 11-day military

offensive in May last year, with none

of the hundreds of destroyed homes

injured in the attacks need long-term

rehabilitation and treatment, and health

services are facing immense challenges

after a deadly fourth wave of COVID-19

so far restored. Many Palestinians

Norkers sort out the rubble from Al-Jawharah Tower building that was hit by Israeli air strikes during the military offensive in May last year, in Gaza City

LEBANON

FOOD PRICE RISES AND UNRWA FUNDING CRISIS

Food prices in Lebanon continue to skyrocket with basic items unaffordable for Palestinian refugees, leaving many at severe risk of malnutrition. Despite growing humanitarian needs, UNRWA reports that a chronic financial crisis has left it

"close to collapse"





WEST BANK, INCLUDING **EAST JERUSALEM**

SURGING VIOLENCE AGAINST PALESTINIANS

Systematic discrimination and pervasive human rights violations continue to be a direct threat to the health and wellbeing of Palestinians in the West Bank, including East Jerusalem. The demolition of homes reached a fiveyear-high in 2021, and settler and military violence against Palestinians has continued to surge this year.

> Palestinian women looking on as an Israeli bulldozer demolishes their homes in Hebron in the West Bank 9 March 2022



A YEAR OF EMERGENCY RESPONSE IN PALESTINE

GAZA

One year on from Israel's most severe military offensive since 2014, rebuilding the lives and homes of so many Palestinians affected remains a pressing priority in Gaza. 261 Palestinians were killed, including 67 children, and more than 2,200 were injured during 11 days of devastating violence.

Israel's bombardment damaged 33 healthcare centres, including the near-total destruction of a COVID-19 testing and vaccination clinic, and killed two doctors and a psychologist. At the height of the violence, 113,000 people were displaced from their homes. Some 8,250 people remain displaced today as their houses were destroyed or so severely damaged that they are uninhabitable, and the pace of reconstruction remains glacially slow amid a stifling blockade.

MAP's team in Gaza were able to respond rapidly to the emergency and delivered pre-positioned medicines and consumables to hospitals, procured new stocks, and continued to support limb reconstruction, neurosurgery, burns and blood bank services. Thanks to your support, we managed to reach over one fifth of Gaza's population with lifesaving aid. With the pace of recovery slowed by blockade and waning international support, however, health needs in Gaza remain high and MAP is continuing to respond.

YOUR IMPACT

WITH YOUR SUPPORT IN 2021, WE WERE ABLE TO

provide 101,923 drug items to 36,736 people in need

deliver **1,507,470 disposable items**, such as needles, syringes, and surgical gloves, to healthcare workers, benefitting **106,640 patients**

provide **1,107 laboratory items** to support Gaza's blood bank services, reaching **81,655 patients**

deliver **62 pieces of medical equipment**, including ultrasound scanners and oxygen cylinders, to hospitals

ONGOING NEEDS

0 of the 1,688 residential homes needing reconstruction work following the escalation have been fully rebuilt

3,085 housing units damaged in the escalation are yet to be repaired

8,250 people remain displaced from their homes

675,000 children require mental health and psychosocial support services

ringes, and
patients
bank



Fikr Shalltoot, MAP's Gaza Director, led MAP's response to the Israeli military bombardment of Gaza in May 2021. Here, she shares her experiences during the emergency and reflections on the impact of MAP's work.

"While Gaza's hospitals were struggling to meet the urgent needs of COVD-19 patients, the offensive made the situation worse. I was scared to death when my colleague had to leave his home and travel to one of our warehouses to ensure the distribution of drugs and medical items to hospitals. It was a life-threatening experience but we both felt that it's unavoidable.

It's one year since the harsh, unforgettable escalation in violence. But the situation facing hospitals is not improving, they still suffer from severe shortages of drugs, medical consumables and equipment.

I've been working hard with the MAP team in Gaza to support patients, but their stories of suffering make it even more difficult to overcome the psychological impact of what I witnessed during the offensive. It always brings me back to that point when I felt that my home might be the next target.

I'm optimistic in nature but as a resident in Gaza, it is difficult to be hopeful. I'm proud to work for an organisation like MAP which responds to emergencies at the golden hour and continues its unique support to ensure that patients have access to essential healthcare."

EAST JERUSALEM

Palestinians in occupied East Jerusalem have witnessed increasing violence over the past year, as Israeli forces have continued to use excessive force against Palestinians protesting discriminatory policies and the ongoing forced displacement of families.

Home demolitions in the West Bank, including East Jerusalem have risen year-on-year since 2017, and dozens of Palestinian families in the neighbourhoods of Sheikh Jarrah and Silwan are facing eviction in favour of Israeli settlers seeking to take over their homes.

Israeli military and settler violence against Palestinian protesters and healthcare workers in Sheikh Jarrah since the beginning of 2022 brought back distressing memories of events in May last year, which culminated in Israel's most devastating offensive on Gaza in seven years.

First aid responders from the Palestine Red Crescent Society (PRCS) and the Palestinian Medical Relief Society (PMRS) have treated around 1,300 injured Palestinians. Hundreds of people were hospitalised, mainly with chest and

> head injuries, with the emergency and surgical departments at Makassed and Saint Joseph Hospitals treating most of these cases.

Thanks to your support, MAP has delivered first aid kits, medical and surgical consumables and other emergency supplies to the PRCS and PMRS, and hospitals in East Jerusalem.

We have also delivered a new

ambulance to PRCS to strengthen their emergency response.

MAP's delivery of much

But healthcare workers continue to face immense challenges, with violence an ever-present threat to Palestinians. "The Makassed Hospital is going through critical times at the moment", Dr Suhail Miari, Senior Consultant for Resources Development and Projects Monitoring at the hospital told us. "We are currently unable to pay the salaries of our 900 employees. In December, employees got half their salary and in January and February they have had no salary."

These hospitals have historically been the backbone of the Palestinian health system and provide many specialist services unavailable elsewhere in the occupied Palestinian territory. So, it is very important that we continue to help them during these challenging times.



PRCS' new ambulance in East Jerusalem, which was delivered by MAP in March 2022

We are grateful for your support and will continue to update you on the incredible work of hospitals and health workers across Palestine.

Palestinian schoolboy walks past bulldozers working on construction in the city of Beit Lahia, in northern Gaza hoto credit: Ahmed Zakot / SOPA Images / Sipa USA / Alamy Stock Photo





"THE FOOD PARCEL SAVE ME FROM CONSTANTLY WORRYING"

Katia* was one of the new mothers to benefit from MAP's food parcel assistance. She spoke to us in the single-room house in Ein el Helweh refugee camp, where she lives with her husband, Ahmad*, and four young children.

Like many Palestinian refugees in Lebanon, the family have been hit with severe electricity cuts and significant increases in the price of fuel for heating, meaning they were not able to keep warm during the cold winter months. The door leading into their home was kept open despite the cold weather, as this is their only source of light.

"We have only one hour of electricity per day. I cannot afford to have a private generator subscription. Most days, we stay in the dark all day long. I used to buy candles but now they are too expensive and, in winter, I am not able to find work on most days, so I use the little money I have for food for the children," Ahmad explained.

Ahmad has been struggling to find work for years. He has looked tirelessly for opportunities but had no success. To secure the most basic needs for his children, Ahmad collects junk and sells it for pennies.

Due to discriminatory government policies, Palestinian refugees are restricted from working in almost 40 professions in Lebanon. As a result, most end up working in low-paid, temporary and informal jobs — which leaves them exposed to exploitation, increased poverty and marginalisation.

During Katia's last pregnancy, MAP's team of community midwives regularly visited her to offer health screenings, check-ups and nutritional counselling. "The home visits helped me a lot. Midwife Saria used to visit me during pregnancy and is continuing to support me after childbirth. She explains things to me clearly and gives me very useful advice. She always answers me when I need her advice or help with a health problem related to me or my baby," said Katia.

"The MAP food parcel saved me from constantly worrying about finding food for the children. It also helped me to eat nutritious food during pregnancy which was good for my baby and gave me the energy to take care of my other children."

Ahmad complimented MAP's impartiality as it gives the assistance to families in need regardless of their characteristics and opinions. "Some organisations or political factions distribute food, clothes or other assistance, but I never get anything despite being in desperate need," said Ahmad. "They give support to people that are affiliated to their political party or linked to someone powerful. Poor people like me who just want to work to have a dignified life get excluded from their assistance."

"MAP's midwives, on the other hand, came to our house to help my wife during pregnancy, and they gave us food as they saw how much we are struggling to secure the most basic things to survive. They did not ask for anything in return or about our opinions or who we like or dislike. I have lots of respect for Medical Aid for Palestinians."



Katia, Ahmad and their four children in their home in Lebanon's Ein el Helweh refugee camp





Diaa working at his grocery in Gaza.

In Gaza, 7% of the population have a disability and are disproportionately affected by the dire socio-economic and humanitarian crisis, caused largely by the 15-year blockade and illegal closure, and repeated military offensives. This is particularly clear when it comes to employment, with more than 90% of people with disabilities being unemployed.

To tackle this marginalisation, the Nuseirat Rehabilitation and Social Training Association (NRSTA), MAP's partner, equips people with disabilities to advocate for their rights, provides them with temporary job opportunities, and funds small projects for them to be economically independent in their communities.

Diaa received support from NRSTA and his life has improved dramatically as a result. Diaa lives with the frightening reality that he could permanently lose his vision at any time. He has lived with a partial visual disability since he was six years old, and regularly suffers from severe eye infections and conjunctivitis, which have led to weak vision in both eyes. Despite having corrective surgery, his vision continues to deteriorate.

Diaa lives in Al Sawarha, considered one of the most marginalised villages in central Gaza as the local authority considers it to be an "illegally" located Bedouin community. It has no paved roads, and little access to water and sanitation services. As a person with a disability, Diaa faces stigma and many barriers to participating in society, and a lack of access to services and employment opportunities. "I've started accepting the situation and gradually living my life," said Diaa.

He received psychological support and took part in skills training and educational workshops with NRSTA, which significantly improved his capabilities and his knowledge of his rights. He also received two months of on-the-job training which helped him to start his own business.

"This opportunity was a quantum leap in my life," said Diaa. "I used the money I earned during the on-the-job training to start my own grocery project."

His new project selling groceries allowed him to have a decent standard of living and helped him to improve the living conditions of his family – who live in a small, crowded house where access to clean water is restricted.

After Diaa's success, NRSTA awarded him another small grant to expand his shop. The overlapping crises of the COVID-19 pandemic and Israel's 11-day military offensive on Gaza in May posed challenges to the expansion, but one year later his work is still ongoing and continuing to be successful.

"I have enough money to continue securing my family's requirements. In the past, I had lots of loans and used to borrow money to cover my family's expenses, but now I am financially independent," said Diaa. "I hope that NRSTA will continue supporting people with disabilities, providing counselling and increasing their opportunities for employment so that they can highlight their skills and abilities."

Thanks to your support, NRSTA can continue providing opportunities for people with disabilities to take control of their future, and support themselves and their families sustainably.

DISCRIMINATION AND FRAGMENTATION UNDERMINES PALESTINIAN HEALTH

In the West Bank, including East Jerusalem, and Gaza, Israel has maintained effective control over the lives of Palestinians for more than half a century through occupation, annexation and blockade. Meanwhile, the decades-long denial of Palestinian refugees' right to return to their homelands has kept communities in Lebanon in a state of perpetual humanitarian crisis.

Amid this deeply inequitable context, an increasing number of Palestinian, Israeli, and international human rights groups, legal scholars and statespersons have concluded that Israel is imposing a regime of apartheid on Palestinians. The latest high-profile voice to echo these observations was Amnesty International.

In November 2021, MAP published a position paper describing how Israel's policies and practices of systematic discrimination and fragmentation present fundamental barriers to Palestinians' rights to health and dignity, and prevent the collective development of a Palestinian healthcare system.

Aisha Mansour, MAP's West Bank Director, said that Israel's domination has contributed to severe health inequalities: "From denying Palestinians equitable access to land and water, to the blockade of Gaza and destruction of homes, Israel has discriminated against and divided Palestinians for decades. The COVID-19 pandemic has exposed the dire impact of these practices on Palestinian health and healthcare."

Dr Ali Dakwar, MAP's Lebanon Director, highlighted how Palestinian refugees are also deeply affected by Israel's policies of control: "No person can attain their full right to health or dignity living in permanent forced exile from their home. Discrimination and fragmentation are at the root cause of the decadeslong humanitarian crisis to which Palestinian refugees in Lebanon are being subjected."

This paper has provided the basis for MAP's campaigns in 2022, and we will continue engaging with UN bodies, UK parliamentarians and the media to highlight lived experiences of every Palestinian suffering under this system of control and domination.

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2022 CAMPAIGN:

STANDING UP FOR EVERY PALESTINIAN'S EQUAL RIGHTS TO HEALTH AND DIGNITY

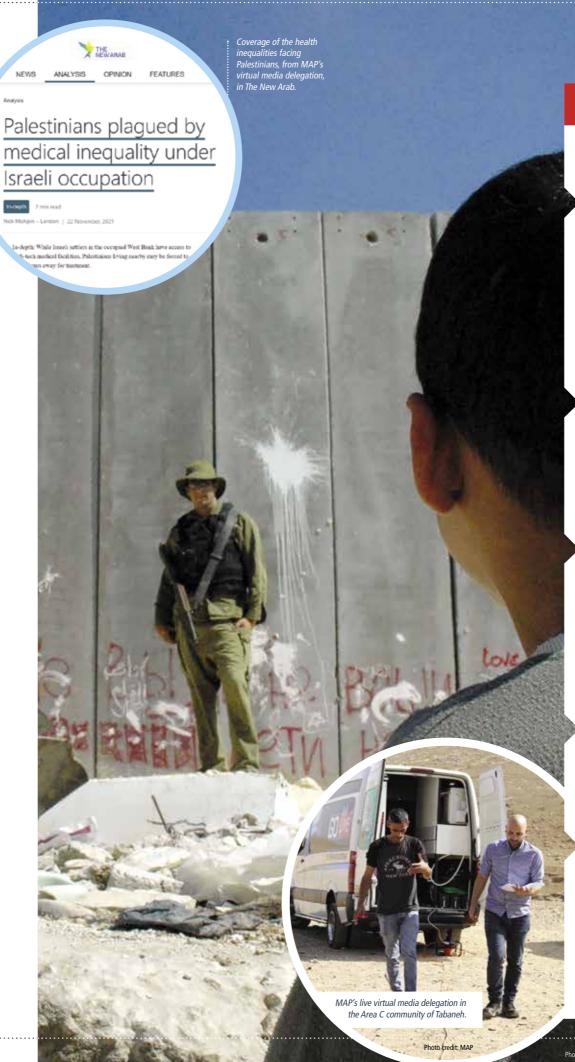
Palestinians' rights to health and dignity will not be realised until the systematic discrimination and fragmentation they face is finally brought to an end

Last year, people around the world spoke out in support of Palestinians like never before. MAP believes it is time for governments everywhere to heed their voices, and commit to challenging the injustices faced by every Palestinian once and for all.

That's why this year we are promoting the equal rights of every Palestinian through a variety of campaigns, with support from a host of celebrities: including Maxine Peake, Tobias Menzies and Peter Capaldi. Keep up-to-date with all of our campaigns via our website: map.org.uk/campaigns



PRCS ambulance and fire crews at Shuafat refugee camp.



YOUR IMPACT:

HOW YOU HAVE HELPED MAP ADVOCATE FOR PALESTINIAN RIGHTS

CAMPAIGNING

More than **14,000 people signed** MAP's pledge to stand up for every Palestinian's equal rights to health and dignity. **You can add your name at map.org.uk/everypalestinian**



Over **1,000 people** in the UK emailed their MP demanding that the UK restores aid to Palestinian healthcare and to UNRWA, the UN's agency for Palestinian refugees. More than **1,000 people** in the UK also wrote to their MP pressuring the UK government to support accountability for violations of Palestinians' rights to health and dignity at the UN Human Rights Council.

RESEARCH AND REPORTING

We shared our flagship **position paper** on Israel's systematic discrimination and fragmentation of the Palestinian people with a host of UK government officials, MPs, and other decision-makers. We launched the report at a **briefing event** for parliamentarians hosted by Baroness Sayeeda Warsi, and a number of MPs have tabled parliamentary questions to press the government on our urgent calls and recommendations for action.

ENGAGING UK PARLIAMENT

With our partner the Council for Arab-British Understanding (CAABU) we organised a **virtual parliamentary delegation** to the oPt shedding light on the health and humanitarian situation in Gaza, and the impact of settlements, military detention of children and discriminatory policies on Palestinians in the West Bank. Four MPs from the Conservative Party and the Liberal Democrats joined the virtual visit, and have since spoken out through parliamentary questions and statements in parliament.

CALLING FOR ACCOUNTABILITY AT THE UN

At the UN Human Rights Council in March 2022, we highlighted how Israel's systematic discrimination and fragmentation impact Palestinians' rights to health and dignity, and called on States to take action to end impunity for violations of international law, including attacks on Palestinian health workers,

REACHING THE MEDIA

We raised awareness among international journalists of how systematic discrimination and fragmentation impact the health and dignity of Palestinians through an innovative and immersive **livestreamed virtual media delegation** to the Tabaneh community in Area C of the West Bank. This enabled 10 journalists from a range of international media outlets – including Channel 4 News and the Guardian – to speak directly to community members and the MAP-supported mobile clinic team.



and if you've supported us in any way, no matter how big or small, we are incredibly grateful. Our work would not have been possible without you!

UP FOR A CHALLENGE

INTERNATIONAL CHALLENGE EVENTS

After a long wait, our international events are finally returning in 2022! We want to give a special shout-out to our existing participants for both Cycle and Trek, some of whom have been waiting to take on these challenges since 2019 – your patience has been amazing!

Although our Cycle Palestine 2022 event is full for this year, it's not too late to secure your place in Trek Palestine 2022. We still have a limited number of spaces available so have a look at our events calendar below to check out the dates and if you want to take part, you can sign up via the MAP website.

You can also register your interest for either Cycle Palestine or Trek Palestine 2023. Please email Alexandra.Provan@map.org.uk to add your name to receive more info.

2022 EVENTS CALENDAR

22 May: Hackney Half

29 May: Edinburgh Running Festival

4 June: Together for Gaza

10 July: London 10k

10-18 September: Cycle Palestine

2 October: London Marathon

9 October: Royal Parks Half Marathon

9 October to 6 November: Trek Palestine

We've also worked hard to offer some more incredible events this year, so find your next challenge locally by having a look through our "run local" page! Visit www.map.org.uk/local

THANK YOU

Thank you to everyone who got in touch to tell us how they have been raising money for the health and dignity of Palestinians. Here are just a few stories of how people got involved.

MAP'S ART AUCTION

In 2021, MAP held our first online art auction showcased some incredible works from top artists and illustrators such as Polly Nor, kennardphillipps, Sakina Saidi and many more. Supporters were also lucky enough to get their hands on a limited-edition bespoke piece created especially for MAP by Quentin Blake. Thanks to all the artists who donated and everyone who supported through bidding or buying prize draw tickets – we managed to raise over £20,000 to support MAP's life changing projects.



ARTISTS AGAINST APARTHEID

Big thanks to 'Artists Against Apartheid' who inspired several outstanding international artists to contribute to an online poster auction in aid of MAP, featuring works from Peter Doig, Alvaro Barrington, Adam Broomberg, Jeremy Deller and Lisa Brice. The artists were tasked with designing bespoke posters featuring watermelons – a Palestinian symbol of resistance due to its colours mirroring those of the Palestinian flag. The auction was a great success raising over £25,000 for MAP's projects.



FACEBOOK CHALLENGE EVENTS

We would like to congratulate everyone who has taken part in one of our virtual challenge events. Earlier this year, our 100km in March saw over 600 people take part raising nearly £40,000! We hope to run another later this year so if you are interested in taking part, please sign up to our newsletter to make

sure you stay up-to-date with all our upcoming events.

For another way to support **MAP** online or through Facebook, you could also consider dedicating vour birthday to MAP!



STREAMING FUNDRAISING

Last year, we were overwhelmed by the support we received from online communities who live-streamed themselves gaming, creating art, cooking and talking with their communities - and raised money for MAP projects.

We hope to keep this success going! Be sure to keep a look out for our MAP Streamathon later this year!

GOODBYE FROM ZAHRA

"I am very sad to announce that after 4 wonderful years I am leaving MAP and will no longer be the Community and Challenge Events Fundraising Officer. I just wanted to thank you all, our amazing supporters, for everything you have done over the years: the amazing events, the commitment, the passion, the friendship and of course the fantastic fundraising. I leave you in the capable hands of Chloe Berry and I will miss you all. Free Palestine!"

CONTACT US

If you would like to get involved and help support Palestinians in need, please contact our fundraising team by emailing fundraising@map.org.uk or call us on 020 7226 4114.

MAP NEWS

OUR NEWS

IT'S A MATCH! OUR NEW PARTNERSHIP WITH DATING APP MUZMATCH

For their 2022 Ramadan appeal, dating app Muzmatch selected MAP as their chosen charity and pledged to raise \$250,000. With the money raised, Muzmatch will be funding the purchase of two



new mobile health clinics which will serve remote communities in the South Hebron Hills and the Jordan Valley in the occupied West Bank.

WATCH: MOBILE CLINIC PROVIDES HEALTHCARE FOR PALESTINIANS FACING DAILY DISCRIMINATION

In our latest film, we spoke to the community of Zanouta and staff from our partner, the Palestinian Medical Relief Society (PMRS), to hear how the MAP-supported mobile clinic is providing essential healthcare services to this marginalised community south of Hebron.



WATCH: map.org.uk/WBmobileclinic



NEW MAP RESEARCH ON BURN INJURIES

MAP's research into the main causes of Palestinian burn injuries, the first research of its kind in the occupied Palestinian territory, has recently been published in the International Wound Journal.

Burns injuries are an ever-present risk to health in the West Bank and Gaza due to poor and overcrowded living conditions, chronic electricity outages in Gaza, and a lack of access to specialist healthcare services.

SOCIAL MEDIA



lf you agree.. please sign. 🎈



Medical Aid for Palestinians @MedicalAidPal · Feb 25

Did you know that in blockaded #Gaza, one in ten children are stunted (small for their age) as a result of malnutrition?

@MPeakeOfficial believes #EveryPalestinian has an equal right to health and dignity. If you agree, please sign our pledge: map.org.uk/campaigns/stan



🗗 د. بازا خواری Dr. Yara Hawari

Read @MedicalAidPal's latest position paper on the systematic discrimination and the fragmentation of the Palestinian people by the Israeli regime and how it presents a fundamental challenge to Palestinians' rights to health and dignity.



map.org.uk Systematic discrimination and fragmentation



Sir Quentin Blake HQ 💿 @QuentinBlakeHQ

Only a few days left to enter the @MedicalAidPal raffle to win one of these very limited edition, signed Quentin Blake prints. It is only £10 per entry and is raising money for a great cause!



Many thanks to @savechildrenuk @Caabu and @MedicalAidPal for their extremely helpful presentation to colleagues this morning on the position of children in the Palestinian Territories.



Tamoor Hussain 📀

Earlier this year the games industry came together to support an important cause and help people suffering in Palestine. An incredible amount of money was donated. I wanted to pass on an update from @MedicalAidPal. Thank you to everyone that donated and worked to raise awareness.

Donate online at www.map.org.uk Or call today on 020 7226 4114







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